

Thank Joseph Fry, His Discovery Allows Us To Enjoy Peanut Clusters



Peanut Cluster Day brings the sweet and salty combination right to perfection! Peanuts added to the chocolate really create a candy that has been pleasing people for generations. There are many different combinations of clusters but this culinary holiday is all about the sinfully simple peanut cluster.

History of Peanut Cluster Day

Chocolate has been in recorded culinary history dating as far back as 1900 BC. It was usually used to make a drink that took the world by storm when Christopher Columbus brought it back to Spain with him in the 15th Century. The drink was all that was known until 1847 when Joseph Fry learned to make it moldable with the addition of cacao butter. It took just a matter of a few decades for chocolate to emerge into how we know it today. Chocolate lovers around the world can thank Mr. Fry for all the goodies that are consumed daily as he truly started the process!

Once the process to make chocolate into a solid was discovered, the addition of different ingredients wasn't far behind. Knowing that the blend of sweet and salty was a desired taste profile adding peanuts into the mix was a no brainer. Peanuts at this time were being grown and brought to market using steam power around the turn of the century. This led to a greater number of people that could try this salty nut. It wasn't long before confectioners made the combination that is still sought after today.

How to Celebrate Peanut Cluster Day

Typical of culinary holidays, the best way to celebrate is to partake of the special item. For Peanut Cluster Day, look around your local area for a chocolate shop that still makes their candy by hand. Stop on by and try their version of the peanut cluster. Perhaps make a trek of it and stop at more than one shop. You'll be helping the local businesses at the same time! This way, you'll be able to find your favorite shop for future chocolate emergencies.

From Foodimentary.com:

- 'Peanut Cluster' is referred to a type of candy that mixes melted chocolate and peanuts.
- These crunchy treats are a perfect combination of a sweet and salty deliciousness.
- There are several versions of peanut clusters including caramel clusters, butterscotch clusters and chocolate peanut clusters.
- Peanuts have a higher antioxidant capacity over grapes, green tea, tomatoes, spinach, carrots and many more.
- Peanut clusters have been around for many years dating way before 1912 when they were made popular by the Goo Goo Cluster.