



Revive Your Skin With A Whipped Cream Facial.

On January 5, add a little extra something special to desserts to celebrate National Whipped Cream Day. Add whipped cream! Not only does it add creaminess and a bit of pizzaz, but it also makes the difference between the ho-hum or a celebration kind of beverage or dessert.

- This holiday falls on the birthday of Reddi-Wip founder Aaron “Bunny” Lapin (January 5, 1914 – July 10, 1999). Lapin invented Reddi-Wip in 1948, and the holiday celebrates whipped cream’s contributions to the dessert world.
- The name whipped cream found its beginning in 1673. The name snow cream continued to be used throughout the 17th century.
- The earliest known evidence of whipped cream appears in the form of recipes from 1549. An Italian Renaissance cook, Cristoforo di Messisbugo, listed whipped cream as an ingredient. His cookbook, *Banchetti, composizioni di vivande e apparecchio generale*, talks about “milk snow.”
- Whipped cream is often sweetened and sometimes flavored with vanilla, and is often called Chantilly cream or crème Chantill.
- Up until the 19th century, recipes for whipped cream called for whipping the cream with a willow or rush branch in place of the modern whisk. As cool as it sounds, we don’t recommend it as a practical whisk (or cocktail tin) alternative—it takes over an hour to make a batch.
- Stirring Cool Whip vigorously will cause the whipped topping to deflate and lose its airy texture.

Unlike whipped cream, Cool Whip lasts for weeks.

- Cool Whip is the best-selling whipped topping in the United States.
- Condition the split ends right out of your hair with some whipped cream straight from the can. Just apply 1/2 cup to dry hair and wait for about thirty minutes. You’ll need to rinse it twice before shampooing.
- Revive your skin with a whipped cream facial. Just squirt a couple of handfuls from the can and apply it evenly over your face. Read a book, watch television, and occasionally sneak a lick of your facial. In 20 minutes, wash it off with warm water followed by a cold water rinse. Your face says thank you for the treat.
- Get rid of the stubble on those gams by replacing your shaving gel with a can of whipped cream. You won’t believe how smooth skin can feel afterward.
- Remove your makeup with whipped cream at the end of a long, hard day. The makeup will come off in a jiffy if you first wet your face with a little warm water. Spread a handful of canned whipped cream on your already dampened face, and rinse it with more clean, warm water. Your face is now clean and moisturized at the same time.

Sources:

National Day Calendar

Days of the Year

Mobile-Cuisine

Food and Wine

Leaf TV